



Vistas of Montana August 2010 Newsletter

Publisher Sava Mathoui

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We were able to get a buy sell agreement signed for the new property. It is a beautiful piece of land that overlooks the Continental Divide.

This property consists of just over 33.5 acres, and will need to be redone and developed. It comes with a 150 acre state land lease. This allows for just over 180 acres of fun and enjoyment for Nude Receptions

We also have a new social network up and running at <http://vistasofmontana.spruz.com/> We moved our site from Ning. Due to Nings new policy of non-support of Naturist and Nudist sites. Ning no longer allows any nudity on any Ning network. This has affected a lot of great groups who continue to promote the healthy lifestyle of Nude Recreation.

Spruz DOES support Nude Recreation and Nudist and Naturist site. Come over and join us on Spruz today!!
Sava ☺

How To Find a Nudist Camp

Step 1

Decide what part of the world you would like to visit, and see where the nudist camps are located. Visit Yahoo! for a list of nudist camps and beaches all over the world.

Step 2

Choose the right type of camp. If you're taking the kids, be sure it's a familyoriented camp.

Step 3

See if it is an official or unofficial nude camp. Official nude areas are recognized by the local authorities and landowners.

Step 4

Visit a clothing-optional [beach](#) or resort if you're not sure you really want to remove all your clothing. This is a good way to ease into becoming a nudist.

Step 5

Make your reservations early and see if the park you've chosen is open to the public or is a private nudist camp.

Choosing your Nudist News

Step 1

Create a newsletter in your nudist club or colony, and assign someone to search out nudist news sources so that they can be included. This is an excellent way to find news that may be important to your fellow naturalists based upon local developments that may affect the membership.

Step 2

Use online resources to find nudist news sources, such as Nudist Explorer (see Resources below). Nudist Explorer is a search engine that is dedicated to find any topics relating to nudism or naturalism on the Internet. For instance, you can find topics and news articles as diverse as nudist etiquette, nudist laws, nude scuba diving, religion and nudism, nude art and [photography](#) and even cartoons



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News Source Cont...

Step 3

Visit specific websites devoted to nudist news such NudistNews.com (see Resources below). You will be able to find news articles, as well as information about nudist clubs and organizations. You can even fill out online surveys regarding your attitudes toward nudism, and the reason you have responded to this lifestyle.

Step 4

Visit the American Nudist Research Library in Kissimmee, Florida, to gain access to the world's largest naturalist collection of news, books and videos. By visiting the ANRL website, you can also find out how to subscribe to a wide variety of nudist newsletters that can be sent directly to your [home](#)

Step 5

Install a bulletin board in a common area of your nudist colony. This can be an efficient, informative and easy way to share news concerning nudists and naturalists.

Nudism- Naturism

Nude recreation refers to [recreational](#) activities which can be enjoyed [in the nude](#). Such activities generally take place in a [naturist](#) context or informally. There are various recreational activities which some people enjoy in the nude, including [hiking](#), [running](#) (in some contexts this is referred to as [streaking](#)), [swimming](#), [cycling](#) and [yoga](#). More passive activities include [sauna](#), [hot springs](#), and [sunbathing](#), such as at a [nude beach](#).

When such activities take place in a [public](#) context, they are subject to social attitudes to [public nudity](#). Most nude recreational activities take place in private places, such as naturist resorts, and when on public lands participants try to be discreet to minimize any potential discomfort it might bring to an accidental passerby. Some public places have been set aside for the use of those who wish to engage in recreational activities in the nude, such as [nude beaches](#).

Vistas of Montana

Can you believe its August already . People all over the country are out enjoying all the benefits that Nude Recreation has to offer.

We hope that you were able to get out and participate in the World Record Skinny Dip located at resorts, campgrounds, and nude beaches all over the country. It looked to be a lot of fun, and maybe you got to be a record holder!!

We are still in the stages of acquiring a property here for Vistas of Montana. It looks like we have found a place and are waiting for the current owners of the property to give us the go ahead with the purchase.

This has taken longer than expected but it is making us be very thankful and determined in bringing Nude Recreation to Montana.

We hope everyone has a wonderful August, and get out and you were able to enjoy Nude Recreation Week.

Keeping it Bare,
Sava and Dave