



Vistas of Montana Nudist Resort Newsletter

Publisher Sava Mathou

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Nude Recreation Week

The [American Association for Nude Recreation](#), located in Kissimmee FL, has designated July 5 - 11, 2010 as Nude Recreation Week. This is your opportunity to bare it all - whether at a [clothing-optional resort](#), local [nude beach](#), area [camp ground](#) or in the privacy of your own home.

Back in April of 2008, *The New York Times* reported that the trend towards vacationing at [clothing-optional resorts](#) is on the rise for people of all ages and income levels. More and more high-end luxury resorts are being built to cater to this nudist lifestyle.

Year-round sunshine, lots of attractions and beautiful beaches have contributed to the number of [clothing-optional resorts](#) that can be found in the Central Florida area. See what others have to say about baring it all. [Poll results](#) indicate that many are curious about visiting a nudist resort and those who have tried it - loved it.

From Therasas Orlando Blog

How To Find a Nudist Camp

Step 1

Decide what part of the world you would like to visit, and see where the nudist camps are located. Visit Yahoo! for a list of nudist camps and beaches all over the world.

Step 2

Choose the right type of camp. If you're taking the kids, be sure it's a family-oriented camp.

Step 3

See if it is an official or unofficial nude camp. Official nude areas are recognized by the local authorities and landowners.

Step 4

Visit a clothing-optional [beach](#) or resort if you're not sure you really want to remove all your clothing. This is a good way to ease into becoming a nudist.

Step 5

Make your reservations early and see if the park you've chosen is open to the public or is a private nudist camp.

Choosing your Nudist News

Step 1

Create a newsletter in your nudist club or colony, and assign someone to search out nudist news sources so that they can be included. This is an excellent way to find news that may be important to your fellow naturalists based upon local developments that may affect the membership.

Step 2

Use online resources to find nudist news sources, such as Nudist Explorer (see Resources below). Nudist Explorer is a search engine that is dedicated to find any topics relating to nudism or naturalism on the Internet. For instance, you can find topics and news articles as diverse as nudist etiquette, nudist laws, nude scuba diving, religion and nudism, nude art and [photography](#) and even cartoons



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News Source Cont. . .

about nudism.

Step 3

Visit specific websites devoted to nudist news such NudistNews.com (see Resources below). You will be able to find news articles, as well as information about nudist clubs and organizations. You can even fill out online surveys regarding your attitudes toward nudism, and the reason you have responded to this lifestyle.

Step 4

Visit the American Nudist Research Library in Kissimmee, Florida, to gain access to the world's largest naturalist collection of news, books and videos. By visiting the ANRL website, you can also find out how to subscribe to a wide variety of nudist newsletters that can be sent directly to your [home](#)

Step 5

Install a bulletin board in a common area of your nudist colony. This can be an efficient, informative and easy way to share news concerning nudists and naturalists.

Nudism- Naturism

Nude recreation refer to [recreational](#) activities which can be enjoyed [in the nude](#). Such activities generally take place in a [naturist](#) context or informally. There are various recreational activities which some people enjoy in the nude, including [hiking](#), [running](#) (in some contexts this is referred to as [streaking](#)), [swimming](#), [cycling](#) and [yoga](#). More passive activities include [sauna](#), [hot springs](#), and [sunbathing](#), such as at a [nude beach](#).

When such activities take place in a [public](#) context, they are subject to social attitudes to [public nudity](#). Most nude recreational activities take place in private places, such as naturist resorts, and when on public lands participants try to be discreet to minimize any potential discomfort it might bring to an accidental passerby. Some public places have been set aside for the use of those who wish to engage in recreational activities in the nude, such as [nude beaches](#).

Vistas of Montana

Can you believe its July already and Nude Recreation Week. People all over the country are out enjoying all the benefits that Nude Recreation has to offer.

We hope that your able to get out and participate in the World Record Skinny Dip located at resorts, campgrounds, and nude beaches all over the country. It looks to be a lot of fun, and get to be a record holder!!

We are still in the stages of acquiring a property here for Vistas of Montana. It looks like we have found a place and are waiting for the current owners of the property to give us the go ahead with the purchase.

This has taken longer than expected but it is making us be very thankful and determined in bringing Nude Recreation to Montana.

We hope everyone had a wonderful Fourth of July, and get out and enjoy Nude Recreation Week. You will be glad you did!

Keeping it Bare,
Sava and Dave